

Medications

Questions to ask when starting a new prescription

- What is the name of the medication?
- Why am I taking it?
- Can I use this medication safely with other medicines and treatments I am using? Remember to tell your pharmacist about over the counter medicines, vitamins and herbal products you are taking.
- Will I need a refill?
- Are there any side effects? Which ones should I report?
- Do you need to see me while I'm taking this medication?
- Is there any chance that I could become dependent on this medicine?
- How will I know if it is working?



KNOW HOW TO TAKE YOUR MEDICATION

- When should I take it and for how long?
- Do I take it on an empty stomach or with food?
- What should I do if I miss a dose?
- What should I do if I use too much by mistake?
- Should I avoid any foods, drink or activities while using this medication?
- Will this medicine make me sleepy?
- Can I drive a car?
- Can I drink alcohol while taking it?
- How should I store this medication? Does it need to be kept in a fridge?



REVIEW YOUR MEDICATIONS WITH A PHARMACIST

The Prince Edward Family Health Team has a pharmacist on staff that can help you learn more about your medications and why you are taking them. Ask our cardiac team to refer you to our pharmacist.

OR

You can request a "Meds Check" review with the pharmacist at your drugstore. This is a one-on-one meeting to make sure you know how to use all your medications safely.

EXPIRED AND UNUSED MEDICATIONS AND SUPPLEMENTS CAN BE DROPPED OFF AT YOUR PHARMACY FOR SAFE DISPOSAL